Rolle's Theorem and the Mean Value Theorem

For a non-constant function on an interval [a,b], if we know that the function is continuous and differentiable and it starts and finishes at the same *y*-value, it is clear that there must be at least one turning point somewhere in the interval.



Rolle's Theorem: For a function, f(x), that is continuous on an interval [a,b] and differentiable on the interval (a,b), if f(a) = f(b) then there must exist some point, $c \in (a,b)$ such that f'(c) = 0.

Continuity is important because we could have a function, say $f(x) = \frac{x^2 - x - 3}{x - 2}$ for which f(a) = f(b) but there is no $c \in (a,b)$ such that f'(c) = 0.

We also need differentiability because we could have a continuous function that does not have a turning point, for example f(x) = 1 + |x - 2|.



The most common application of Rolle's Theorem is to establish the maximum number of roots of a polynomial.

EXAMPLE: Prove that the polynomial $f(x) = x^3 + 3x^2 + 6x + 1$ has exactly one root.

By the Intermediate Value Theorem, if sign of the value of the function changes from negative to positive or from positive to negative, there must be a value in that interval where $f(x_0) = 0$.

$$f(-1) = -3 < 0$$

 $f(1) = 11 > 0$

Since all polynomials are continuous, there must exist an $X_0 \in (-1, 1)$ such that $f(x_0) = 0$, therefore f(x) has at least one root.

We now need to show that there is only one root, so suppose there are two and look for a contradiction.

If there existed an $X_1 > X_0$, then $f(X_0) = f(X_1) = 0$ which meets the conditions of Rolle's Theorem, that the function is continuous on an interval [a,b] and differentiable

on the interval (a,b), if f(a) = f(b) then there must exist some point, $c \in (a,b)$ such that f'(c) = 0.

$$f'(x) = 3x^{2} + 6x + 6$$

$$3(x^{2} + 2x + 2) = 0$$

$$b^{2} - 4ac = 4 - 8 = -4 < 0$$

Therefore, there are no real roots of the derivative and we have a contradiction. There is only one real root, X_0 .

EXAMPLE: Given $f(x) = \cos(2x) + 2\cos x, 0 \le x \le 2\pi$, use Rolle's Theorem to show that the equation f'(x) = 0 has at least one solution on the interval $]0,2\pi[\equiv (0,2\pi)$ (The notation][means an open, rather than closed, interval – endpoints not included in the interval). Hence, find all the solutions to f'(x) = 0 on $]0,2\pi[$ and verify your answer with your GDC.

First verify the conditions of Rolle's Theorem, f(x) is differentiable and continuous on the interval $]0,2\pi[$.

Also,

$$f(0) = \cos(2 \cdot 0) + 2\cos 0 = 1 + 2 = 3$$

$$f(2\pi) = \cos(2 \cdot 2\pi) + 2\cos 2\pi = 1 + 2 = 3$$

so $f(0) = f(2\pi)$.

By Rolle's Theorem, there is at least one $x \in \left]0, 2\pi\right[$ such that f'(x) = 0

$$f'(x) = -2\sin(2x) - 2\sin x = 0$$

-2(sin(2x) + sin x) = 0
2sin x cos x + sin x = 0
sin x (2 cos x + 1) = 0
sin x = 0, x = \pi
cos x = -\frac{1}{2}, x = \frac{2\pi}{3}, x = \frac{4\pi}{3}



Rolle's Theorem is important because it easily allows us to prove a fundamental result: The Mean Value Theorem (MVT).

Mean Value Theorem: Let *f* be a function that is continuous on]a,b[and differentiable on]a,b[. Then, there is at least one $x \in]a,b[$ such that

$$f'(x) = \frac{f(b) - f(a)}{b - a}$$



Proof of MVT:

Consider the linear function $h(x) = \frac{f(b) - f(a)}{b - a}(x - a)$ and the function g(x) = f(x) - h(x). Because f(x) was already identified as a function that is continuous and differentiable and h(x) is a linear function that is always continuous and differentiable, g(x) is also continuous and differentiable.

$$g(a) = f(a) - \frac{f(b) - f(a)}{b - a}(a - a) = f(a)$$

$$g(b) = f(b) - \frac{f(b) - f(a)}{b - a}(b - a) = f(b) - (f(b) - f(a)) = f(a)$$

$$g(b) = g(a)$$

Therefore, by Rolle's Theorem there exists some point, $c \in (a,b)$ such that f'(c) = 0.

$$g'(c) = f'(c) - \frac{f(b) - f(a)}{b - a} = 0$$
$$f'(c) = \frac{f(b) - f(a)}{b - a}$$

There are a number of applications of the MVT.

EXAMPLE: Prove that $|\sin a - \sin b| \le |a - b|$.

Since $f(x) = \sin(x)$ is continuous and differentiable for all values of x, by the Mean Value Theorem there exists $C \in (a,b)$ such that $\frac{f(b) - f(a)}{b-a} = f'(c)$. $\frac{\sin(b) - \sin(a)}{b-a} = \cos(c)$ $\left|\frac{\sin(b) - \sin(a)}{b-a}\right| = |\cos(c)| \le 1$ $\Rightarrow |\sin a - \sin b| \le |a - b|$

Note that |a - b| = |b - a|

EXAMPLE: Show that $\sqrt{1+h} < 1 + \frac{h}{2}$ for any h > 0.

Given h > 0, let $f(x) = \sqrt{1+x}, 0 \le x \le h$. f(x) is continuous on]0,h[and f(x) is differentiable on]0,h[.

$$f'(x) = \frac{1}{2\sqrt{1+x}}, 0 < x < h$$

By the MVT, there is at least one value of $x \in \left]0, h\right[$ such that

$$f'(x) = \frac{f(h) - f(0)}{h - 0} \Longrightarrow \frac{1}{2\sqrt{1 + x}} = \frac{\sqrt{1 + h} - 1}{h}$$

$$f'(x) > 0$$

$$x \in I \subseteq D_{f}$$

$$f(x) = g(x) + c$$

$$[a,b]$$

$$0 = f'(x) = \frac{f(b) - f(a)}{b - a} \Rightarrow f(b) = f(a)$$

$$0 < x < h \Rightarrow 1 + x > 1 \Rightarrow \sqrt{1 + x} > 1$$

$$\frac{1}{\sqrt{1 + x}} < 1 \Rightarrow \frac{1}{2\sqrt{1 + x}} < \frac{1}{2}$$

$$\therefore \frac{\sqrt{1 + h} - 1}{h} < \frac{1}{2} \Rightarrow \sqrt{1 + h} - 1 < \frac{1}{2}h \Rightarrow \sqrt{1 + h} < 1 + \frac{1}{2}h$$

EXAMPLE: If f(x) is such that f(2) = -4 and $f(x) \ge -2$ for all $x \in]2,7[$, find the smallest possible value for f(7).

Since the derivative exists for all $x \in]2,7[$, we know that f(x) is differentiable and hence continuous. By the Mean Value Theorem, there exists some $c \in]2,7[$ such that

$$f'(c) = \frac{f(7) - f(2)}{7 - 2}. \text{ Since } f(x) \ge -2 \text{ for all } x \in]2,7[$$
$$\frac{f(7) - f(2)}{5} \ge -2$$
$$f(7) + 4 \ge -10$$
$$f(7) \ge -14$$

so, the smallest possible value for f(7) = -14.

EXAMPLE: A car driving along the highway and travelling below the speed limit of 70 mph passes a police officer at 12:00. At 12:20, the car passes another police officer 24 miles down the road; again, it was travelling at less than 70 mph. The driver is pulled over by the policeman, a math major in college, and given a ticket.

Use the MVT to show how the police officer knew that the driver had exceeded the speed limit during his journey.

Let f(t) be the function that gives the car's position at time t hours after 12:00.

Assuming this function to be continuous and differentiable, by the MVT, there is a time, $t_{
m o}$ at which

$$f'(t_0) = \frac{f(\frac{1}{3}) - f(0)}{\frac{1}{3} - 0}$$
$$\frac{24 - 0}{\frac{1}{3}} = 72$$

However, $f'(t_0)$ is the car's velocity at some time t_0 so at some time during his journey, the car must have been travelling at 72 mph.

Corollaries to the Mean Value Theorem

Corollary 1: If f'(x) = 0 for all $x \in I \subseteq D_f$ (all x are members of the set *I* which is a proper subset of all of the elements in the domain of *f*), then *f* is constant on the interval *I*.

Proof: Consider any two points a < b in *I* on the interval [a,b]. Then,

$$0 = f'(x) = \frac{f(b) - f(a)}{b - a} \Longrightarrow f(b) = f(a).$$

Thus, the function is constant on *I*.

Corollary 2: If f'(x) = g'(x) for all $x \in I \subseteq D_f \cap D_g$, then f(x) = g(x) + c

Corollary 3: If f'(x) > 0 for all $x \in I \subseteq D_f$, then *f* is increasing on the interval *I*.

Proof: Consider any two points a < b in I on the interval [a,b].

$$f'(x) = \frac{f(b) - f(a)}{b - a} > 0 \Longrightarrow f(b) - f(a) > 0 \Longrightarrow f(b) > f(a)$$

Therefore for any two values $b > a \Rightarrow f(b) > f(a)$, meaning that f is increasing on the interval I.

Corollary 4: If f'(x) < 0 for all $x \in I \subseteq D_f$, then f is decreasing on the interval I.